

# MENU

## MONDAY

20.04.2026



### CIABATTA WITH CHEESE (12,00zł)

- Panko chicken schnitzel with Caesar sauce

### BAGELS (13,00zł)

- With mozzarella / With goat cheese, beetroot, cranberries and rocket salad  
- With roast chicken and cheddar cheese/ With mortadella with pistachios

### BREAKFAST (19,00zł)

- Keto omelette with bacon and mushrooms

### VEGETARIAN SALADS (11,00zł)

- With roasted beetroot and chickpeas  
- Broccoli with cheese  
- With orzo noodles, edamame and smoked cottage cheese  
- Vegetable salad

### SALADS (11,00zł)

- With turkey, roasted sweet potato and pomegranate  
- With Israeli couscous, chicken and pesto sauce  
- Potato with bacon  
- With chicken, red beans and pasta

### FIT BOWL (14,00zł)

- **NEW:** With rougette cheese, hummus and couscous  
- With chicken, pear, Mediterranean cheese and bulgur groats

### FISH DINNER (25,00zł)

- Shrimps with vegetables in mango chilli sauce, rice with toppings  
- Salmon grilled on vegetables with pesto sauce  
- Cod grilled in spinach and cheese sauce, carrot purée, red cabbage salad

### TACO (23,00zł)

- With pork, beans in tomatoes and chimichurri sauce

### THAI ROLL (20,00zł)

- With shrimp, tamago and soy noodles

### PREMIUM PASTA (24,00zł)

- Black tagliatelle with shrimp  
- Bolognese tortellini

### ASIAN NOODLES (22,00zł)

- Pad Thai with beef

### PREMIUM VEGETABLE SET (25,00zł)

- With turkey, lazur cheese and bacon

### SWEET PANCAKES (18,00zł)

- With apple pie and cinnamon

### SAVOURY PANCAKES (18,00zł)

- With spinach and Mediterranean cheese

### QUESADILLA (18,00zł)

- **HOT:** Mexican with chicken

### HUMMUS (19,00zł)

- With fresh vegetables

### DUNI – POLISH CUISINE (23,00zł)

- BBQ roasted ribs, potatoes baked with rosemary, coleslaw  
- De Volaille with cheese, dill potatoes, coleslaw, mayonnaise  
- Chicken kebab, roasted potatoes, salad, garlic sauce  
- Viennese pork cutlet, dill potatoes, fried cabbage  
- Chicken liver with sautéed onion, dill potatoes, pickled cucumber  
- Pork medallions in natural gravy with green pepper, buckwheat, beets  
- Minced cutlet, dill potatoes, carrots with peas/fried beets  
- Pork cutlet baked with BBQ mushrooms, dill potatoes, fried cabbage/fried beets  
- Chicken in cheese coating, potatoes with broccoli, baby carrots  
- Roasted tenderloins with horseradish and leek sauce, dill potatoes, carrots with peas  
- Grilled chicken with beetroot and yellow cheese, gnocchi baked with vegetables, baby carrots, pesto sauce  
- Potato pancake with Hungarian goulash  
- Chicken in creamy onion sauce, mashed potatoes, beets/salad  
- Potato pancakes, buckwheat with vegetables, fried beets  
- Traditional polish roasted duck, Silesian dumplings, beets, cranberries.

### DUNI – INTERNATIONAL CUISINE (23,00zł)

- Butter Chicken, basmati rice with vegetables  
- Pork tenderloins (thinly sliced-marinated) with mushrooms and pak choi in oyster sauce, rice  
- Vietnamese-style chicken with vegetables with vegetable fried rice.  
- Chicken in oyster sauce, basmati rice, cashews  
- Chicken with spicy vegetables, rice with vegetables  
- BBQ chicken, roasted sweet potatoes, coleslaw, garlic sauce  
- Turkey Garam Masala with zucchini and peach, basmati rice  
- Dragon Chicken, basmati rice with vegetables

- Hoisin pork with vegetables, basmati rice with vegetables  
- Caribbean-style chicken, basmati rice  
- Beef with sweet potatoes, basmati rice

### KETO (23,00zł)

- Chicken in cheese sauce with broccoli and mushrooms, cauliflower rice with spinach, roasted peppers  
- Pork rump baked with mushrooms with cheese, cauliflower baked with cheese, roasted peppers, mayonnaise-garlic sauce  
- Roast turkey with cheese sauce with green pepper, broccoli with butter, cauliflower rice with bacon  
- Pork medallions in cheese sauce with green pepper, cauliflower rice with spinach, sauerkraut  
- Beef kebab, roasted cauliflower, keto salad, mayonnaise and garlic sauce  
- Pork meatballs with mushrooms in dill sauce, Brussels sprouts with bacon, roasted peppers  
- Pork chili con carne, broccoli rice, salad, cream, cheese

### FIT SPORT (23,00zł)

- Colored quinoa with vegetables, slow-roasted chicken in citrus, peppers roasted, edamame, melon, roasted almonds, parsley pesto sauce

### SOUPS (12,00zł)

- Tomato soup with pasta  
- Goulash  
- Beetroot cream with Mediterranean cheese

### DUMPLINGS (17,00zł)

- Ukrainian  
- With meat

### STUFFED POTATO DUMPLINGS (19,00zł)

- With meat

### BURRITO (18,00zł)

- With minced beef, beans and pineapple

### BURGERS

- Burger with pulled beef BBQ, bacon and coleslaw (18,00zł)  
- **HOT:** Cheeseburger with BBQ and jalapeno (18,00zł)  
- Beef burger with guacamole, bacon and fried egg (20,00zł)  
- Chickenburger with coleslaw (18,00zł)

### CALZONE (15,00zł)

- Capriciosa (cooked Italian ham with mushrooms)

### PORRIDGE (11,00zł)

- With mango, raspberry and peach

### DESSERTS (11,00zł)

- With "Knoppers" bar, salted caramel and brownie cookies  
- Panna Cotta with strawberry  
- Tapioca with mango-passion fruit mousse  
- Strawberry cheesecake with mascarpone and jelly

### CAKE (11,00zł)

- White chocolate block with pistachios  
- Mango brownie cheesecake

### SHAKE (8,50zł)

- Mango lassi/Strawberry/Blackcurrant

### SUSHI

- Sushi Menu 1: Panko Shrimp (32,00zł)  
- Sushi Menu 2: Yorokobi with shrimp in tempura (32,00zł)  
- Sushi Handroll: With baked salmon (18,00zł)

### POKE BOWL (27,00zł)

- With grilled salmon and pak choi  
- With tempura salmon and cream cheese

### BAKED GYOZA DUMPLINGS (18,00zł)

- With duck, salad  
- With vegetables, salad

### SHOT (7,50zł)

- Turmeric/Guarana/Ashwagandha

### BREAKFAST IN A BOTTLE (12,50zł)

- Mango/Cocoa and almond flakes

# MENU

## TUESDAY

21.04.2026



### CIABATTA WITH CHEESE (12,00zł)

- With pork cutlet, mayonnaise and Swedish salad

### BAGELS (13,00zł)

- With grilled halloumi and eggplant / With smoked salmon  
- With salami pick/ With beef ham

### BREAKFAST (19,00zł)

- English with beans in tomatoes and bacon

### VEGETARIAN SALADS (11,00zł)

- Crunchy  
- Bulgur groats with beetroot, goat cheese and pomegranate  
- Keto with canned celery and egg  
- Spring with bulgur, radish

### SALADS (11,00zł)

- Crab salad  
- With baked rice, tenderloin nuggets and hot sauce  
- Potato with chicken and pickled cucumber  
- Broccoli with chicken and cherry tomatoes

### FIT BOWL (14,00zł)

- With mini mozzarella, cherry tomatoes and bulgur with spinach  
- With roasted chicken, mint hummus, beetroot and couscous

### FISH DINNER (25,00zł)

- Salmon baked in puff pastry with spinach, cream sauce, salad and roasted vegetables  
- Grilled salmon on vegetables with yoghurt and herb sauce  
- Pollock fillet in tempura, mashed potatoes, carrot salad

### BAO BUNS (23,00zł)

- **HOT:** Korean-style chicken

### THAI ROLL (20,00zł)

- With beef

### PREMIUM PASTA (24,00zł)

- White tagliatelle with salmon and spinach  
- Quadroni with turkey and spinach

### ASIAN NOODLES (20,00zł)

- Yaki udon with chicken, shitake mushrooms and vegetables

### PREMIUM VEGETABLE SET (25,00zł)

- With grilled halloumi, melon, pomegranate and balsamic sauce

### SWEET PANCAKES (18,00zł)

- À la Bueno

### SAVOURY PANCAKES (18,00zł)

- With spinach and chicken

### QUESADILLA (18,00zł)

- With pork, corn, iceberg lettuce and tomato

### HUMMUS (19,00zł)

- With fresh vegetables

### DUNI – POLISH CUISINE (23,00zł)

- Chicken roll with spinach and dorblu cheese, fried potatoes, coleslaw  
- Chicken kebab, roasted potatoes, salad, garlic sauce  
- Viennese pork cutlet, dill potatoes, misery/green beans  
- Turkey escapopes in cheese batter, gnocchi in spinach-dorblu sauce, salad  
- Roasted pork loin, dill potatoes, fried beets, cream sauce  
- Pork medallions in roast sauce with mushrooms and chilli, buckwheat, fried beets  
- Minced turkey cutlet, dill potatoes, beetroot/carrot with peas  
- Cabbage rolls with meat and rice (traditional), potatoes, tomato sauce  
- Chicken fillet baked under BBQ salsa and cheese, roasted potatoes, coleslaw  
- Pork roll with mushrooms and cheese in roast sauce, potatoes al forno, carrot with peas  
- Citrus roasted turkey, gnocchi baked with vegetables, broccoli  
- Pork cutlet with tomato and cream sauce with mushrooms, tagliatelle, salad/beets  
- BBQ roasted ribs, potatoes baked with rosemary, coleslaw, garlic sauce  
- Layered meat dish in mustard sauce with leeks, Silesian dumplings /mashed potatoes, fried beets

### DUNI – INTERNATIONAL CUISINE (23,00zł)

- Chicken in green curry with vegetables, fried rice  
- Beef in oyster sauce with vegetables and cashews, udon noodles with vegetables  
- Beef kebab, baked potatoes, coleslaw garlic sauce  
- Thai-style chicken, basmati rice with vegetables  
- General Tso's chicken, basmati rice with vegetables, Chinese salad  
- Chicken in tempura on vegetables in Thai chilli, Chinese salad  
- Turkey Tikka Masala, rice with vegetables  
- Korean pork, udon noodles from gochugaru, Chinese salad

- Balkan stuffed Chicken pocket, roasted potatoes, eggplant paste  
- Chicken with vegetables in peanut curry, udon noodles  
- Lebanese beef kofta, hummus, pita, pesto, sambal

### KETO (23,00zł)

- Roasted pork loin with mushroom and cheese sauce, spinach purée, roasted peppers,  
- Greek pork cutlets with Mediterranean cheese and zucchini, Brussels sprouts with bacon, tzatziki  
- Chicken baked with mushrooms, bacon and cheese, spinach and cheese purée, roasted peppers, garlic sauce  
- Roasted chicken thigh in oranges, broccoli rice, fried mushrooms, mayonnaise-garlic sauce with chilli flakes  
- Slow-braised beef with mushrooms, white vegetable purée with mascarpone and parsley, roasted peppers  
- Roast turkey with cheese sauce with green pepper, broccoli with butter, cauliflower rice with bacon  
- Zucchini stuffed with pork baked with cheese, cream sauce

### FIT SPORT (23,00zł)

- Couscous with sun-dried tomatoes and parsley, turkey roasted in oranges, roasted eggplant, curry chickpeas, roasted carrots, pineapple, roasted pumpkin, lemon dill sauce

### SOUPS

- Pickled cucumber soup (12,00zł)  
- **HOT:** Thai with shrimp (15,00zł)  
- Pumpkin cream on coconut milk (12,00zł)

### DUMPLINGS

- With bryndza and cottage cheese (20,00zł)  
- With chicken and spinach (17,00zł)

### STUFFED POTATO DUMPLINGS (19,00zł)

- With meat

### BURRITO (18,00zł)

- **HOT:** With chipotle chicken and pineapple

### BURGERS

- **HOT:** Burger with pulled beef, jalapeno and nachos (18,00zł)  
- Burger "Po zboju" (20,00zł)  
- Greek hamburger with halloumi, olive oil, green cucumber and tomato sauce (20,00zł)  
- Chickenburger with bacon and cheese sauce (18,00zł)

### CALZONE (15,00zł)

- Tre-salami (three types of salami: Napoli, Spianata, Milano)

### PORRIDGE (11,00zł)

- Cocoa with chia, Greek yogurt and chocolate cream

### DESSERTS

- With Dubai chocolate (17,00zł)  
- Keto straciatella (11,00zł)  
- Tapioca with mango mousse (11,00zł)  
- Mango passion fruit cheesecake with mascarpone and orange jelly (11,00zł)

### CAKE (11,00zł)

- Apple pie  
- Fudge

### SHAKE (8,50zł)

- Mango lassi/Strawberry/Blueberry with banana

### SUSHI

- Sushi Menu 1: Tempura Mix (32,00zł)  
- Sushi Menu 2: Yukupo with shrimp (32,00zł)  
- Sushi Handroll: With shrimp (18,00zł)

### POKE BOWL (27,00zł)

- With shrimp and cream cheese  
- With raw salmon in teriyakia, mun mushrooms and avocado

### GYOZA DUMPLINGS (18,00zł)

- With chicken  
- With vegetables

### SHOT (7,50zł)

- Rosehip/Creatine/Acerola

### BREAKFAST IN A BOTTLE (12,50zł)

- Peanut butter/Avocado and spinach

\*menu subject to change

# MENU

## WEDNESDAY

22.04.2026



### CIABATTA WITH CHEESE (12,00zł)

- Panko chicken schnitzel with Caesar sauce

### BAGELS (13,00zł)

- With mozzarella / With smoked cottage cheese and tuna  
- With grilled bacon, fried egg and chives  
/ **NEW:** With pulled beef and horseradish

### BREAKFAST (19,00zł)

- Shakshuka with fried egg

### VEGETARIAN SALADS (11,00zł)

- With halloumi, Israeli couscous and paprika  
- Vegetable salad  
- Herbal bulgur  
- With cherry tomatoes, orzo noodles and mini mozzarella

### SALADS (11,00zł)

- Salmon  
- With chicken, pineapple and orzo noodles  
- Layered with canned ham  
- **NEW:** With beetroot, tuna and orzo noodles

### FIT BOWL (14,00zł)

- With camembert, dark grapes and bulgur with spinach  
- With chicken, pear, Mediterranean cheese and bulgur groats

### FISH DINNER (25,00zł)

- Shrimps in mango-chilli sauce, blanched vegetables, rice with side dishes  
- Grilled salmon on vegetables with yoghurt and dill sauce  
- Beer-battered cod, sweet potato fries and coleslaw

### TACO (23,00zł)

- **HOT:** With pork, beans in tomatoes and chimichurri sauce

### THAI ROLL (20,00zł)

- With turkey

### PREMIUM PASTA (24,00zł)

- Pappardelle with shrimps in tomato sauce with mascarpone  
- Lime Rondelli

### ASIAN NOODLES (20,00zł)

- Pad Thai with chicken

### PREMIUM VEGETABLE SET (25,00zł)

- With shrimp in teriyaki sauce, mango, melon

### SWEET PANCAKES (18,00zł)

- With vanilla cheese, bananas and white chocolate

### SAVOURY PANCAKES (18,00zł)

- With spinach and blue cheese

### QUESADILLA (18,00zł)

- Spinach and cheese with chicken and pineapple

### HUMMUS (19,00zł)

- With roasted eggplant and egg

### DUNI – POLISH CUISINE (23,00zł)

- De Volaille with cheese, dill potatoes, coleslaw, mayonnaise  
- Pork cutlet with caramelized onion and cheese, potatoes, fried beets/green beans  
- Viennese pork cutlet, dill potatoes, fried cabbage/fried beets  
- Potato pancake with Hungarian goulash  
- Chicken liver with sautéed onion, dill potatoes, fried beets  
- Beef meatballs with roast sauce, mashed potatoes, peas  
- Pork medallions in roast sauce with dried mushrooms, buckwheat with vegetables, fried beets  
- Roasted tenderloins with mushroom sauce, dill potatoes, dumplings, carrots with peas  
- Pork rump baked with mushrooms and cheese, dill potatoes, misery  
- Grilled chicken baked with zucchini and cheese, roasted vegetables, salad, tzatziki sauce  
- Beef à la Stroganoff, buckwheat with vegetables, fried beets  
- Potato pancakes, buckwheat with vegetables, fried beets  
- BBQ roasted ribs, potatoes baked with rosemary, coleslaw, garlic sauce  
- Traditional polish roasted duck, Silesian dumplings, beets, cranberries.

### DUNI – INTERNATIONAL CUISINE (23,00zł)

- Chicken in Korean paste, sushi rice  
- Turkey Garam Masala with zucchini and peach, basmati rice  
- Sechuan-style chicken, basmati rice  
- Segedin-style beef stew, Silesian dumplings  
- Chicken in oyster sauce, basmati rice, cashews  
- Beef kebab, baked potatoes, coleslaw, garlic sauce  
- Butter Chicken, basmati rice with vegetables  
- Mongolian-style pork tenderloin, fried rice

- Chicken in cheese coating, couscous with tomatoes and chilli, baby carrots in oranges  
- Pork loin grilled with oriental vegetables, rice with vegetables

### KETO (23,00zł)

- Pork roll with bacon and cucumber with spinach sauce, peppers roasted, roasted cauliflower, mimolette cheese  
- Fried highlander pork tenderloin with goat cheese, broccoli with butter and almonds, mayonnaise-garlic coleslaw  
- Chicken pocket with broccoli and cheese, dorblu cheese sauce, roasted zucchini, sauerkraut  
- Keto turkey kofta on leek sauce with mascarpone, mushrooms and butter and thyme, broccoli purée with mascarpone  
- Balkan grilled chicken, roasted cauliflower, keto salad, mayonnaise-garlic sauce  
- Roasted pork loin with cheese and leek sauce, celery purée, red cabbage salad

### FIT SPORT (23,00zł)

- Colorful quinoa with roasted sweet potato, roast duck, zucchini, peppers, edamame, melon, roasted sunflower, pesto-basil sauce

### SOUPS (12,00zł)

- Polish sorrel soup  
- Pho with pork  
- **NEW:** Pickled cucumber cream with mashed potatoes and bacon

### DUMPLINGS (17,00zł)

- With mushrooms and mimolette cheese  
- Country with bacon

### STUFFED POTATO DUMPLINGS (19,00zł)

- With cottage cheese, sautéed onion and bacon

### BURRITO (18,00zł)

- With pulled pork and Mexican vegetables

### BURGERS

- With pulled beef, bacon and cheese sauce (18,00zł)  
- **HOT:** Hamburger with bacon, cheddar cheese and fried sauce chilli flakes (18,00zł)  
- Burger with bacon, onion rings and cheese sauce (20,00zł)  
- Chickenburger with potato sticks, bacon and mayonnaise smoked (18,00zł)

### CALZONE (15,00zł)

- Pollo in salsa bianca (roasted chicken with red onion in sauce garlic-mint)

### PORRIDGE (11,00zł)

- With matcha and forest moss cake

### DESSERTS (11,00zł)

- Pavlova meringue  
- Chocolate molehill cake  
- Vanilla tapioca with strawberries  
- Raspberry cheesecake with mascarpone and raspberry jelly

### CAKE (11,00zł)

- Blueberry cheesecake  
- Brownie

### SHAKE (8,50zł)

- Mango lassi/strawberry/raspberry

### SUSHI

- Sushi Menu 1: Kunsei (32,00zł)  
- Sushi Menu 2: Furamingo with salmon and eel (32,00zł)  
- Sushi Handroll: With raw salmon (18,00zł)

### POKE BOWL (27,00zł)

- With salmon baked in a piece in teriyaki with pickled bamboo and red cabbage  
- With teriyaki chicken, cream cheese and pak choi

### GYOZA DUMPLINGS (18,00zł)

- With chicken  
- With vegetables

### SHOT (7,50zł)

- Turmeric/Collagen/Creatine

### BREAKFAST IN A BOTTLE (12,50zł)

- Strawberry/cocoa and almond flakes

\*menu subject to change

# MENU

## THURSDAY

23.04.2026



### CIABATTA WITH CHEESE (12,00zł)

- With pork cutlet, with mayonnaise and Swedish salad

### BAGELS (13,00zł)

- With eggplant and sun-dried tomato paste/With smoked trout  
- With duck / With duck pâté

### BREAKFAST (19,00zł)

- English with beans in tomatoes and bacon

### VEGETARIAN SALADS (11,00zł)

- **NEW:** With blanched vegetables, pasta, pickled cucumber  
- Mushroom with orzo noodles  
- With bulgur, roasted beetroot and Mediterranean cheese  
- Spring with bulgur and radish

### SALADS (11,00zł)

- Potato with peas and bacon  
- With Israeli couscous and chicken  
- With beef, noodles and Chinese cabbage  
- Tuna with pasta

### FIT BOWL (14,00zł)

- With lazur cheese, beets and yellow bulgur  
- With chicken, grapes and couscous

### FISH DINNER (25,00zł)

- Baked salmon with pickled cucumber sauce, Israeli couscous with spinach, roasted mini carrots  
- Grilled salmon on vegetables with parsley pesto sauce  
- Breaded cod, mashed potatoes, cabbage salad

### BAO BUNS (23,00zł)

- With pork curry

### THAI ROLL (20,00zł)

- With duck and raspberry sauce

### PREMIUM PASTA (24,00zł)

- White tagliatelle with chanterelles and bacon in cream sauce  
- Salmon tortelli

### ASIAN NOODLES (22,00zł)

- **NEW:** Chow mein with beef, pak choi and vegetables

### PREMIUM VEGETABLE SET (25,00zł)

- With duck, pear and orange

### SWEET PANCAKES (18,00zł)

- With pudding, chocolate cookies

### SAVOURY PANCAKES (18,00zł)

- With cheese, ham and mushrooms

### QUESADILLA (18,00zł)

- **HOT:** With pork, red beans

### HUMMUS (19,00zł)

- With fresh vegetables and tortilla

### DUNI – POLISH CUISINE (23,00zł)

- BBQ roasted ribs, potatoes baked with rosemary, coleslaw, garlic sauce  
- De Volaille with cheese, dill potatoes, coleslaw mayonnaise  
- Chicken kebab, roasted potatoes, salad, garlic sauce  
- Turkey escapopes in cheese batter, gnocchi in spinach-dorblu sauce, salad  
- Pork cutlet baked with BBQ mushrooms, dill potatoes, fried beets/green beans  
- Pork medallions in leek and horseradish sauce, dill potatoes, carrots with peas  
- Minced cutlet, dill potatoes, fried beets,  
- Beef Bourguignon, buckwheat with vegetables, fried beets  
- Chicken in creamy onion sauce, mashed potatoes, beets/salad  
- Viennese pork cutlet, dill potatoes, fried cabbage  
- Duck meatballs with dried mushroom sauce, mashed potatoes /Silesian dumplings, beets/beetroot  
- Grilled chicken with beetroot and yellow cheese, gnocchi baked with vegetables, baby carrots, pesto sauce  
- Cabbage rolls with meat and rice (traditional), potatoes, tomato sauce  
- Polish beef roulade in onion sauce, mashed potatoes, Silesian dumplings, beets/fried cabbage

### DUNI – INTERNATIONAL CUISINE (23,00zł)

- Thai-style chicken, basmati rice with vegetables  
- Butter Chicken, basmati rice with vegetables  
- Turkey Tikka Masala, rice with vegetables  
- Hoisin pork with vegetables, basmati rice with vegetables  
- Beef kebab, baked potatoes, coleslaw, garlic sauce  
- Pork with vegetables in peanut curry, udon noodles  
- BBQ chicken, roasted sweet potatoes, coleslaw garlic sauce

- Turkey meatballs in tomato curry sauce, basmati rice with turmeric and almonds  
- General Tso's chicken, basmati rice with vegetables, Chinese salad  
- Balkan grilled chicken, eggplant paste, broccoli, roasted potatoes

### KETO (23,00zł)

- Asian-style pork tenderloin with stir-fry vegetables (pak choi, paprika, mushrooms, broccoli), cauliflower curry rice with spinach  
- Slow-roasted pork (pulled pork) in its own sauce with mushrooms, purée of white vegetables, broccoli with butter  
- Turkey meatballs with broccoli, roasted cauliflower, roasted peppers, cheese  
- Chicken rolls with spinach (without breadcrumbs) with mushroom sauce, purée pumpkin and cheese, sauerkraut  
- Chicken in cheese sauce with broccoli and mushrooms, cauliflower rice with spinach, roasted peppers  
- Beef kebab, roasted cauliflower, keto salad, mayonnaise-garlic sauce  
- Zucchini stuffed with pork baked with cheese, cream sauce

### FIT SPORT (23,00zł)

- Amaranth with roasted chickpea curry, roast turkey, peppers, broccoli, pineapple, edamame, roasted almonds, dill-lemon sauce

### SOUPS

- **NEW:** Mushroom soup with Israeli couscous (12,00zł)  
- **HOT:** Thai with chicken (14,00zł)  
- Tomato cream with Mediterranean cheese (12,00zł)

### DUMPLINGS

- Masurian with cottage cheese and chanterelles (20,00zł)  
- With meat (17,00zł)

### STUFFED POTATO DUMPLINGS (19,00zł)

- With meat

### BURRITO (18,00zł)

- With chicken, chorizo and peppers

### BURGERS

- **HOT:** Burger with pulled beef and gochugaru (18,00zł)  
- **HOT:** Beef burger with pickled onions, truffle mayonnaise and fresh jalapeno (20,00zł)  
- Beef burger with guacamole, nachos and curry sauce (20,00zł)  
- Chickenburger with bacon and Caesar sauce (18,00zł)

### CALZONE (15,00zł)

- Pepperoni (spicy little salami)

### PORRIDGE (11,00zł)

- With forest fruits with sunflower seeds

### DESSERTS

- "Lotus biscoff" (12,50zł)  
- "Oreo" with mint and lime (11,00zł)  
- Chocolate tapioca with cherry mousse (11,00zł)  
- Pistachio cheesecake with mascarpone and jelly (11,00zł)

### CAKE (11,00zł)

- Crispy cold cheesecake  
- Honey cake

### SHAKE (8,50zł)

- Mango lassi/Strawberry/Raspberry with banana

### SUSHI

- Sushi Menu 1: Utsukushi (32,00zł)  
- Sushi Menu 2: Sandwich with baked salmon (32,00zł)  
- Sushi Handroll: With shrimp in tempura (18,00zł)

### POKE BOWL (27,00zł)

- With salmon baked in a piece of teriyaki with radish  
- With panko and pak choi breadcrumbs

### BAKED GYOZA DUMPLINGS (18,00zł)

- With duck  
- With vegetables

### SHOT (7,50zł)

- Guarana/Ashwagandha/Acerola

### BREAKFAST IN A BOTTLE (12,50zł)

- Peanut butter/Mango

\*menu subject to change

# MENU

## FRIDAY

24.04.2026



### CIABATTA WITH CHEESE (12,00zł)

- With chicken schnitzel, mayonnaise, cheese and vegetables

### BAGELS (13,00zł)

- With hummus and grilled vegetables / With mozzarella  
- With chicken and cheddar cheese/ with beef ham

### BREAKFAST (19,00zł)

- Keto cheese and egg pancakes with cottage cheese and vegetables

### VEGETARIAN SALADS (11,00zł)

- Tabbouleh in olive oil  
- Vegetable salad  
- Broccoli with cheese  
- **NEW:** With beetroot, cucumber and egg

### SALADS (11,00zł)

- Salmon  
- Chicken, pineapple, Chinese cabbage  
- Pasta with cauliflower and canned ham  
- Greek-style fish with sautéed vegetables

### FIT BOWL (14,00zł)

- With shrimps, melon, colorful quinoa  
- With turkey, mango, and bulgur groats

### FISH DINNER (25,00zł)

- Shrimps in coconut milk, Thai chili, blanched vegetables, rice with toppings  
- Salmon baked on vegetables with pesto sauce  
- Breaded cod with mashed potatoes, with sauerkraut salad

### TACO (23,00zł)

- **HOT:** With pulled chicken in tomato sauce with chipotle and guacamole

### THAI ROLL (20,00zł)

- With turkey

### PREMIUM PASTA (24,00zł)

- Pappardelle with salmon and sun-dried tomatoes  
- Ravioli with porcini mushrooms

### ASIAN NOODLES (22,00zł)

- Pad Thai with shrimp

### PREMIUM VEGETABLE SET (25,00zł)

- With teriyaki salmon, melon, pineapple and broccoli

### SWEET PANCAKES (18,00zł)

- **NEW:** With vanilla cheese, mascarpone, pear and cinnamon

### SAVOURY PANCAKES (20,00zł)

- With spinach and salmon

### QUESADILLA (18,00zł)

- **HOT:** Mexican with pork

### HUMMUS (19,00zł)

- With roasted vegetables and pita

### DUNI – POLISH CUISINE (23,00zł)

- Potato pancake with Hungarian goulash  
- Viennese pork cutlet, dill potatoes, green beans  
- Pork tenderloins with smoked plum sauce, Silesian dumplings, beetroot, fried onions  
- Pork roll with cabbage and bacon, dill potatoes, carrots with peas  
- Pork medallions in hunting sauce, dill potatoes, carrots with peas  
- Slow-cooked beef with mushrooms and thyme, gnocchi, fried beets  
- Chicken kebab, roasted potatoes, salad, garlic sauce  
- Roasted turkey in herbs for pesto rosso, roasted vegetables, red cabbage salad  
- Minced cutlet, dill potatoes, carrots with peas / fried cabbage

### DUNI – INTERNATIONAL CUISINE (23,00zł)

- Beef kebab, baked potatoes, coleslaw, garlic sauce  
- Dragon Chicken, basmati rice with vegetables  
- Chicken with vegetables Vietnamese, fried rice with vegetables  
- Turkey Garam Masala with zucchini and peach, basmati rice  
- Korean pork, udon noodles from gochugaru, Chinese salad  
- Lebanese beef kofta, hummus, pita, pesto, sambal  
- Pork tenderloin (thinly sliced-marinated) with mushrooms and pak choi in oyster sauce, rice  
- Chicken in oyster sauce, basmati rice, cashews

### KETO (23,00zł)

- Pork à la Stroganoff, white vegetable purée with truffle oil, broccoli with almonds  
- Pork tenderloin stew (celery, mushrooms, peppers), eggplant purée with butter, coleslaw  
- Meat interlayer (chicken, pork loin) in leek and cheese sauce, roasted peppers, broccoli with bacon  
- Pork medallions in cheese and spinach sauce, roasted celery, keto salad  
- Pork meatballs with bacon and mushrooms in cream sauce with green pepper and dorbli, broccoli, sauerkraut

### FIT SPORT (23,00zł)

- Colorful quinoa with vegetables, roasted chicken, roasted eggplant, peppers, edamame, melon, roasted sesame, parsley pesto sauce

### SOUPS (12,00zł)

- Ukrainian borscht  
- Oyster mushroom tripe  
- Zucchini cream with smoked cheese

### DUMPLINGS (17,00zł)

- With sweet white cheese  
- With chicken and spinach

### STUFFED POTATO DUMPLINGS (19,00zł)

- With cottage cheese, sautéed onion and bacon

### BURRITO (18,00zł)

- With pork with sweet potato and chickpeas

### BURGERS

- Fishburger (21,00zł)  
- **HOT:** Cheeseburger with jalapeno and bacon (18,00zł)  
- Hamburger with bacon, fried egg and cheese sauce (20,00zł)  
- Chickenburger with cheese, mayonnaise and tomato (18,00zł)

### CALZONE (15,00zł)

- Quattro formaggi bianca (four cheeses on white sauce)

### PORRIDGE (11,00zł)

- With orange mousse and tangerines

### DESSERTS (11,00zł)

- With brownie, mascarpone and cherry cookies  
- Toffee  
- Tapioca with fruit mousse  
- Cheesecake with forest fruits and strawberry jelly

### CAKE (11,00zł)

- Banana tart with salted caramel  
- Spicy cake

### SHAKE (8,50zł)

- Mango lassi/Strawberry/With forest fruits

### SUSHI

- Sushi Menu 1: California with baked salmon (32,00zł)  
- Sushi Menu 2: Karu-Sa with salmon, shrimp, eel (32,00zł)  
- Sushi Handroll: with baked salmon (18,00zł)

### POKE BOWL (27,00zł)

- With grilled salmon and pak choi  
- With tempura shrimp, cream cheese and mushroom

### GYOZA DUMPLINGS (18,00zł)

- With chicken  
- With vegetables

### SHOT (7,50zł)

- Collagen/Turmeric/Rosehip

### BREAKFAST IN A BOTTLE (12,50zł)

- Strawberry/Avocado and spinach